

Frontline Conversations: Hanh Le ('20) Resources

Podcasts

Code Switch (Race in Your Face): https://www.npr.org/sections/codeswitch/

Scene on Radio: https://www.sceneonradio.org/

- Especially the following seasons:
 - Season 2: Seeing White http://www.sceneonradio.org/tag/season-2/
 - Season 4: The Land That Never Was http://www.sceneonradio.org/tag/season-4/

Unlocking Us with Brene Brown: https://brenebrown.com/unlockingus/

- Especially the following episodes
 - Ibram X. Kendi on How to Be an Antiracist: https://brenebrown.com/podcast/brene-with-ibram-x-kendi-on-how-to-be-an-antiracist/
 - Dr. Vivek Murthy on Loneliness and Connection: https://brenebrown.com/podcast/dr-vivek-murthy-and-brene-on-loneliness-and-connection/
 - Brené on Anxiety, Calm + Over/Under-Functioning: https://brenebrown.com/podcast/brene-on-anxiety-calm-over-under-functioning/

Many race/anti-racism books are sold out right now, but the DC library is offering free, unlimited downloads of many of them. Even if folks are DC Library members, this book list is a good one!

https://www.washingtonian.com/2020/06/08/antiracism-books-are-sold-out-right-now-heres-a-free-no-wait-way-to-get-some-of-them/